

Allergen Information

Menu Update: Effective February 24, with subsequent in-house reviews every four weeks

Please read our allergen disclaimer below:

This table highlights the food items we sell that contain allergens. Our ingredients and product specifications can change. Even if you have dined with us before, you must inform our staff of your allergen or intolerance needs before placing any orders. Information in this document identifies the 14 major allergens, which relate only to the menu's ingredients, and does not consider any customisation or requests made.

TRUE

Unfortunately we cannot guarantee an allergen-free kitchen environment because our internal food production processes and source ingredients may have been produced in environments that handle additional allergens. While we have strong procedures for separating our food during it's preparation & cooking, sometimes this may involve shared equipment - such as deep-fat fryers and food preparation/cooking areas.



Tick = Contains Allergen



Tick = May Contain Allergen (stated by supplier)



Tick = Deep Fried Item Food items share the same deep-fat fryers. Therefore elements of the 14 allergens are present. Please ask a member of staff for more information

	Deep Fried Item	Cereals containing Gluten, Eg, Wheat	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts Eg, Walnuts, Cashew	Crustaceans	Fish	Molluscs
Starters															
WHITEBAIT		wheat	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
OLIVES & BREAD	<input type="checkbox"/>	wheat		<input type="checkbox"/>			<input type="checkbox"/>				<input type="checkbox"/>	tree nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
TOMATO SOUP	<input type="checkbox"/>	wheat		<input type="checkbox"/>			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
MOZZARELLA CROSTINI	<input type="checkbox"/>	wheat,rye		<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	walnuts, tree nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
FETA TARTLET	<input type="checkbox"/>	wheat	<input type="checkbox"/>	<input type="checkbox"/>				<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	tree nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Mains	Preparation		Allergens	Ingredients										Other Allergens	Protein Sources		
	Deep Fried Item	Wheat		Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts Eg, Walnuts, Cashew		Crustaceans	Fish	Molluscs
PORK CROQUETTES	✓	✓	wheat,barley				✓		✓	✓						✓	
CHILLI SQUID	✓	✓	wheat	✓							✓						✓
FISH & CHIPS	✓	✓	wheat						✓							✓	
SCAMPI	✓	✓	wheat						✓						✓	✓	✓
SAUSAGE & MASH		✓	wheat			✓	✓		✓	✓							
TRADITIONAL PUB PIE	✓					✓	✓		✓	✓							
PORK BELLY							✓		✓	✓							
RUMP STEAK	✓	✓	wheat			✓	✓			✓							
LAMB SHAWARMA	✓	✓	wheat,barley	✓						✓				✓			
BEEF CHILLI BURRITO		✓	wheat				✓		✓								
MASALA CAULIFLOWER STEAK	✓	✓	wheat			✓			✓	✓	✓	✓	✓				
CHICKEN CEASAR SALAD		✓	wheat	✓			✓	✓		✓	✓				✓	✓	✓
PORCINI MUSHROOM LASAGNE		✓	wheat	✓		✓	✓	✓	✓								
HONEY GLAZED HAM SALAD							✓		✓	✓					✓		
GREEK SALAD							✓		✓	✓				✓			

Burgers

- GARDEN BURGER
- HELIBURGER
- HAM, BLUE & PANCETTA BURGER
- HUNTERS CHICKEN BURGER
- LOADED CHILLI DOG
- KOREAN KIMCHI DOG

Deep Fried Item	Cereals containing Gluten, Egg, Wheat	
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	wheat
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	wheat, yeast
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	wheat
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	wheat
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	wheat
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	wheat,barley

Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

- Nuts, Egg, Walnuts, Cashew
- tree nuts
- tree nuts
- tree nuts
- tree nuts

Crustaceans	Fish	Molluscs
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Loaded Fries

- CHIPOTLE CHICKEN
- CHEESY CHIPS & DIPS
- BRISKET & SIRACHA MAYO
- HABANERO BEEF CHILLI
- BBQ PULLED PORK
- CHIPS & DIPS
- LAMB SHAWARMA

Deep Fried Item	Cereals containing Gluten, Egg, Wheat	
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	wheat
<input checked="" type="checkbox"/>	<input type="checkbox"/>	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	wheat,barley
<input checked="" type="checkbox"/>	<input type="checkbox"/>	
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	wheat

Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- Nuts, Egg, Walnuts, Cashew
- tree nuts

Crustaceans	Fish	Molluscs
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Desserts	Deep Fried Item	Cereals containing Gluten, Eg, Wheat	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts Eg, Walnuts, Cashew	Crustaceans	Fish	Molluscs
PEACH ETON MESS	<input type="checkbox"/>	wheat, oats	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	almonds, hazelnuts, walnuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PROFITEROLES	<input type="checkbox"/>	wheat	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	almonds, hazelnuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
STICKY TOFFEE PUDDING	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	tree nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
KEY LIME PIE	<input type="checkbox"/>	wheat	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CHOCOLATE BROWNIE	<input type="checkbox"/>	oats	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Baguettes	Deep Fried Item	Cereals containing Gluten, Eg, Wheat	soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts Eg, Walnuts, Cashew	Crustaceans	Fish	Molluscs
SAUSAGE & ONION	<input checked="" type="checkbox"/>	wheat,rye	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	tree nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
KOREAN PULLED PORK	<input checked="" type="checkbox"/>	wheat,rye,barley	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	tree nuts	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
TOMATO & MOZZARELLA	<input checked="" type="checkbox"/>	wheat,rye	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	tree nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
BRISKET & SIRACHA	<input checked="" type="checkbox"/>	wheat,rye	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	tree nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
FISH GOUJON	<input checked="" type="checkbox"/>	wheat,rye	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	tree nuts	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
CHICKEN CLUB	<input checked="" type="checkbox"/>	wheat,rye	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	tree nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
HAM & PICCALILLI	<input checked="" type="checkbox"/>	wheat,rye	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	tree nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Light Bites	Deep Fried Item	Cereals containing Gluten, Eg, Wheat	soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts Eg, Walnuts, Cashew	Crustaceans	Fish	Molluscs

